

The Sourdough

S E N T I N E L

June 17, 2005

Elmendorf Air Force Base, Alaska

Vol. 56, No. 24

Arctic Warrior Olympics

*Base, local community get
together for day of food, fun*



-- Pages 10-11



PHOTOS BY MASTER SGT. TOMMIE BAKER

Flag Day

As part of a Flag Day ceremony June 14, members of American Legion Post 29 and Bartlett High School Army Junior Reserve Officer Training Corps Color Guard demonstrate how to properly dispose of an American flag.



Member questions housing rules, availability

Q: Knowing how stressful it may be to get several families moved out of inferior housing into a more suitable setting, this letter may not be one you will enjoy.

However, some issues concerning my family and others has come about that truly need to be considered.

My family is a six member family. Our housing options are very limited as things are now, and are not going to improve as the Air Force changes its housing standards.

The problem facing us, and large families like ours, is that the houses we can fit into the best are being given to smaller families that can fit elsewhere.

All of this is happening because the only real consideration that is being looked at is the move-on date, and not the size family.

I know of families with only two kids being moved right now into four bedroom houses, and that is a growing concern for us.

What will we be given when our turn comes?

For an officer and his family, we might as well be living in another country. The stigmatism with having an officer living among enlisted opens up a lot of potential problems, both for the enlisted and

the officer. Our children will be treated differently, invites, if they are given, will be looked at suspiciously, and we will not be given a fair chance to live how we need to. That does not even cover the issue of the schools.

In order for this issue to be resolved in the best possible way, those of us who have three or more children need to be given the best options possible for us, before a family with only two takes that away from us, just because of a date.

The needs of our family are not greater, they just need to be considered differently than others who have more options at the beginning of the moving process.

Unfortunately, time isn't on our side.

R: Thank you for your call. Please rest assured that your family size and sponsor's rank both play significantly in how houses will be offered in this forced-move. On March 30, Aurora reserved all unassigned 3-and 4-bedroom homes (as well as those to be vacated this Summer) to satisfy the needs of our larger forced-move families.

Some families have moved in since that date, as Aurora honored their prior commitments to incoming families and officer families previously (tem-

porarily) assigned homes in enlisted areas. That period is now closed.

As Aurora moves from one housing area to the next, families will be assigned only a house large enough to satisfy their specific family size, and in an area designated for their rank. If no houses exist for their designated rank, then other housing in enlisted areas will be offered.

If a 3- or 4-bedroom home is not available in officer housing, you will be given the opportunity to accept: a) other enlisted housing that meet the bedroom requirement of your family; b) a home with one fewer bedroom than you're authorized or c) a government paid move off-base only if there is no house available in your proper bedroom size.

Initial move-in date is important, and will govern the order in which housing assignments are made, but will not result in folks getting a larger house than they are authorized simply because they were first in line.

Our long range plan retains the tradition of separate housing areas based on grade, but that will not always be practical during this transition.

Please remember, if you choose to move off base, your move will not be paid for if a house that you qualify for is available.



Col. Hawk Carlisle
3rd Wing commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done? The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Col. Hawk Carlisle. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

552-2224

actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

Key phone numbers:

Col. Christopher Thelen, 3rd CES/CC
552-3007
Lt. Col. David Aupperle, 3rd SVS/CC
552-2468
Lt. Col. Robert Garza, 3rd SFS/CC
552-4304

Did you know...

The longest day of the year, also known as the summer solstice, is quickly approaching. Tuesday, those in the Elmendorf and Anchorage area can expect 19.21 hours of daylight with subsequent days getting shorter.



The Sourdough
SENTINEL

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Best in DoD 2000
Best in Air Force
1999, 2000 & 2001
Best in PACAF
1998, 1999, 2000 & 2001

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3rd Wing Moment in History

June 15, 1964:



The 17th Troop Carrier Squadron (now 517th Airlift Squadron) transferred to Elmendorf from Dyess AFB, Texas. The squadron is the longest continuous serving Air Force flying unit in Alaska.

Modern muscle cars look much different; their speed is shocking, danger is real

By Tech. Sgt. Theo McNamara
Staff Writer

Master Sgt. Robert Taylor underwent his second back surgery Thursday to help correct damage he received when a “street racer” broadsided his car at the intersection of A Street and 36th Avenue in Anchorage, more than four years ago.

“A couple years ago a street-racer driving a Subaru WRX at an undetermined speed ran through a red light on 36th Avenue and broadsided me as I drove to work” said Sergeant Taylor. “He hit me so hard that my vehicle completely left the ground and landed two lanes over on the sidewalk. I’ve been involved in intensive physical therapy since then, including back surgeries. A medical board was ready to separate me without retirement after 17 years of service. It was a horrible tragedy for my family.

“Illegal racers drive their cars on roadways built for pedestrians, bicyclists and family cars,” he said. “Every sport has a field and that’s exactly where the guy who hit me should have been practicing his sport.”

Recently, another Elmendorf Airman was hospitalized with what were life-threatening injuries after a high-speed accident in a residential area.

Street racing has become a popular sport throughout the nation and it’s attracting Elmendorf’s young adults.

Unfortunately, participants of this sport are often more likely to race their cars illegally, even though safe, legal and rewarding options are easily available.

Sergeant Taylor, Elmendorf dormitories manager, is determined to help make Anchorage’s streets safe for families and unsuspecting drivers by encouraging people to race safely and legally.

Car racing is America’s most attended sporting event and a military

member doesn’t need to look far to find a team to lend their support to -- the U.S. Air Force sponsors a NASCAR race team and the Alaska Army National Guard has a drag-strip racer that just recently competed at Alaska Raceway Park in Palmer, Alaska.

The Air Force- and Army-sponsored racers compete on a safe and legal track designed for that purpose, while illegal street racers operate dangerously on city streets.

“Peers and supervisors can help solve the growing problem by reminding racers there are legal raceways available for their sport, like the Alaska Raceway Park in Palmer, that provides a controlled environment for racing,” said Sergeant Taylor.

“The ironic thing is that it only costs \$25 for anyone to come out here and race their car legally,” said Cassandra Baughman, Alaska Raceway Park track manager. “That’s a pretty big savings when you compare the cost of losing your car, having your insurance canceled, and, of course, you could die or kill someone.

“A young racer can learn so much about his hobby here, and what’s even cooler for many of the young racers is that they can bring their friends to watch,” she said.

One Eielson Air Force Base Airman agrees that the minimal fee is a smart investment with big dividends.

“I drive down from Fairbanks so I can race my car and see what it’s capable of and I don’t mind spending the money to do it,” said Airman 1st Class John Kyle.

He drives a Dodge SRT-4 that’s made for racing, but he, like Sergeant Taylor, has no traffic tickets on his record.

“There’s a bunch of my friends in the stands over there watching me and cheering me on. I like that and I



Master Sgt. Robert Taylor, dormitory manager, shows a racing official at Alaska Raceway Park in Palmer his front breaks during an inspection June 10.

don’t want to risk losing my ability to be involved in this. Being caught street racing illegally will cost me too much money and I wouldn’t be able stay involved in this sport, said Airman Kyle.

“An additional reward of racing on a track is that you’re being rated and timed by state-of-the-art measuring equipment. The results are obviously much more accurate than racing through a neighborhood with a multitude of distractions and the worry of being caught,” said Ms. Baughman.

“An illegal racer simply can’t truly win a race. In fact, the only outcome of illegal racing is proof that you’re willing to risk the lives of any unsuspecting, innocent people in the area where you’re racing,” said Ms. Baughman.

“We need to educate people about dangerous outcomes of illegal street racing and promote legal alterna-

tives. But we need to start by helping supervisors learn how to recognize the type of cars that are modern-day racers. Most supervisor are unfamiliar with vehicles that are equipped to race, said Sergeant Taylor. For instance, an innocent looking Saturn, can reach 110 miles-per-hour in a quarter of a mile.

“A quick drive around our dormitory parking lots shows the change in attitude young people have about their cars. Like in the late 60’s, when muscle cars were hot, today it’s again popular to modify your ride and put it up against a friends. But today a Honda Civic, Toyotas and Subaru WRX’s are the preferred vehicle instead of a 55-Chevy.

“I think every supervisor on this base needs to see the movie *The Fast and the Furious*. They’ll be intrigued to learn what they may be unaware of – our Airman are hitting the Anchorage streets and cruising the strip (known throughout the community as Northern Lights and Benson Blvd.). Many of our folks are driving cars capable of running more than 150 miles per hour.”

“I have a lot of racers trying to instigate a race and I don’t turn them down; instead, I simply hand them an Alaska Race Way safety rule book with a map to the track,” said Sergeant Taylor.



Airman 1st Class John Kyle, from Eielson Air Force Base, lowers the air pressure in his slicks after another racing enthusiast at Palmer’s Alaska Raceway Park suggested that so he could get a better grip of the pavement while racing.



PHOTOS BY TECH. SGT. THEO MCNAMARA

Master Sgt. Robert Taylor, Elmendorf dormitory manager, lines up to race Airman 1st Class John Kyle, from Eielson Air Force Base, at the Alaska Raceway Park in Palmer on Sunday. The two were participating in legal drag racing on a certified track. Airman Kyle typically runs a low 13-second quarter-mile in his 2005 Dodge SRT-4 and Sergeant Taylor usually runs the quarter-mile in the low 12-second range.

220 Elmendorf Staff Sgts. selected for promotion

The following individuals were selected for promotion to Technical Sergeant:	Comar Gregorio, 703rd AMXS	Holloway Chiquita, 611th CES	McCraw Derrick, 3rd SFS	Sanchez Victor, 3rd AMXS
Abbott Clayton, 3rd OSS	Costilla Zacarias, 3rd CS	Holloway Vernon, 3rd EMS	McIntosh Ryan, 3rd CES	Schaefer Joachim, 3rd LRS
Allen Freda, 3rd CS	Cox Darlene, 3rd MDOS	Hudson Christopher, 3rd EMS	McKinnon Edgar, 3rd AMXS	Schmeisser Jennifer, 3rd MSG
Ancic Andre, 3rd AMXS	Crookes Jeffrey, 703rd AMXS	Hugeback Donald, 3rd EMS	Merriman Trebor, 3rd LRS	Sexton Thomas, 3rd CS
Anderson Robert, 3rd CMS	Cruz Rosalinda, 3rd MDOS	Hughes Jason, 3rd AMXS	Miller Vangie Terr, 3rd CES	Sharp Kimberly, 3rd OSS
Arendash James, 3rd AMXS	Dawson Jeffrey, 381st IS	Hunt Timothy III, Det 1, 353rd CTS	Misiak Daniel, 3rd AMXS	Simanton Nathan, 517th AS
Atkinson Ryan, 517th AS	Deangelis Dino, 3rd CES	Jackson David, 361th RCS	Mitchell Dale, Jr, 381st IS	Sivek Jonathan, 3rd CMS
Awolusi Oluwasina, 3rd MDSS	Deas Charles, 381st IS	Jacobs David, 3rd MOS	Mitchell Thomas, 3rd CS	Smith Cory, 703rd AMXS
Bailey Darrel, 3rd SFS	Desmond Michael, 3rd MXG	Jimenez Salvador, 3rd EMS	Montagne Scott, 3rd CMS	Snethen Kevin, 381st IS
Baker George, 3rd MXG	Dobmeier John II, 703rd AMXS	Johnson Bridgett, 962nd AACs	Montgomery Eliot, 12th FS	Snider Randy, 3rd MDOS
Baker Melissa, 962nd AACs	Driver Shelby, 3rd MDSS	Johnson Jonathan, 3rd MXG	Morgan Deron, 3rd DS	Spencer Michael, 3rd CES
Bates Taras, 3rd MXG	Duffey Octavius II, 3rd LRS	Johnson Matthew, 703rd AMXS	Moses Jeffrey, 3rd EMS	St Onge Donald, 3rd AMXS
Baumann Scott, 3rd SVS	Dunn Albert, Jr, 732nd AMS	Johnson Phillip, 381st IS	Moss Stephen, 3rd MXG	Stennes Justin, 3rd CES
Boland Glen, 3rd MXG	Dye Charles, Jr, 3rd SFS	Johnson Ronald, 3rd Wing	Moyer Christopher, 732nd AMS	Stevens Bradley, 3rd AMXS
Borah Leah, 3rd OSS	Dye Jacqueline, 3rd EMS	Jones Jeffrey, 3rd CES	Mulkey Shawn, 3rd EMS	Sundara Phayphanom, 3rd MDSS
Bowlds Shaney, 611th AOG	Eagan Chad, 3rd SFS	Jones Robert, 3rd CS	Myers Albert, 3rd EMS	Taylor Jason, 3rd LRS
Boyle Gisele, 703rd AMXS	Echtle Paul, 703rd AMXS	Jungwirth Kurt, 3rd AMXS	Neisner Neil, 3rd MDOS	Tennant Christopher, 381st IS
Brands Mitchell, 3rd MOS	Ellis Rodney, 703rd AMXS	Keating Preston, AF Band of the Pacific	Neisner Sheryl, 3rd MDSS	Terry Jessie III, 3rd LRS
Branstetter Paul, 3rd EMS	Estes Mack, 3rd LRS	Keay Brenton, 3rd MSG	Nelson David, 3rd EMS	Thomas Brandon, 3rd CMS
Brown Benjamin, 3rd LRS	Estridge Chester, 3rd AMXS	Kegler Samuel, Jr, 3rd CS	Nettles Cedric, 3rd EMS	Thompson Benjamin, 611th CES
Bundy Jeffrey, 732nd AMS	Everett Michael, 3rd AMXS	Kier Elden, 3rd CMS	Nolte Gaar, 611th ACF	Timm Michael, 3rd SFS
Burbridge Shannon, 3rd MDOS	Fister Adam, 3rd MDOS	Klug Jason, 732nd AMSS	Norris Jeffrey, 3rd EMS	Torres Anthony, 3rd CONS
Burd Brian, 703rd AMXS	Fitzgerald Carolly, 381st IS	Knutson Jason, 3rd CMS	Nyderek Philip Jam, 611th CES	Vanoverbeke Bryce, 611th CES
Burton Travis, 703rd AMXS	Flores Gilbert, 3rd SFS	Kornprobst Matthew, 3rd MOS	Ornelas Isidro, 381st IS	Vaughan Keven, 3rd EMS
Butler Dana, 3rd MDSS	Forsyth Bryan, 732nd AMS	Kosto Matthew, 3rd MXG	Ortega Omar, 3rd AMXS	Veriato Stephanie, 381st IS
Cagle Michael, 3rd CES	Fortier Charles, 3rd SFS	Kucirka George, 3rd EMS	Pahnke Scott, 3rd AMXS	Wales James, 381st IS
Cantwell Jonathan, 3rd MXG	Fox Sherri, 381st IS	Lawinger Jeffrey, 3rd CMS	Parks Keith, 703rd AMXS	Warlick Ronald, 3rd CS
Capps Douglas, 3rd MOS	Franzen Joshua, 3rd EMS	Lawler Michael, 3rd AMXS	Payne Kevin, 3rd EMS	Waters Kimberly, 611 CES
Carney Kara, 3rd DS	Galko Brandy, 3rd MDSS	Lennon William, 3rd EMS	Pearson Christopher, 3rd LRS	Weary Terrie, 3rd CES
Carruthers Michell, 3rd CES	Garrettson Chris, 732nd AMS	Lewis Antoine, 3rd AMXS	Pfeiffer Jacob, 3rd AMXS	Webb Anthony, 3rd MDSS
Causey Robert, 962nd AACs	Geisler Christopher, 732nd AMS	Lewis Jason, 703rd AMXS	Pranter John, AF Band of the Pacific	Webb Michael, 3rd CMS
Cazabat Maurice, 703rd AMXS	Gill Lyle, 3rd MOS	Lindal Jason, 3rd CMS	Proctor William, 3rd SFS	Weese Derrick, 3rd MDOS
Clancy Andrew, 3rd EMS	Glenn Brandy, 381st IS	Lippincott Jesse, 3rd CMS	Pugh Elijah III, 3rd AMXS	White Charles, 3rd CS
Clark Tonia, 3rd AMDS	Glenn Johnnie, 19th FS	Little Perry, 703rd AMXS	Putaski Stephen, 3rd EMS	Wilde Cory, 3rd SFS
Cline Michael, 3rd SFS	Gordon Millicence, 3rd EMS	Loughman Dustin, 372nd TS	Recer Rosemarie, 3rd CS	Wilkerson Thomas, 611th CES
Clow Todd, 703rd AMXS	Green Mark, 3rd CS	Lucas Tammy, 611 ASG	Reinhardt Allen, 3rd MXG	Williams Joseph, 3rd EMS
Cohrone John, Det1, 353rd CTS	Gullett Jackie, 3rd LRS	Lupton Thomas, 3rd MXG	Renzi Richard, Def Cour Svc	Winchell Jennifer, 3rd MDOS
Coleman April, 3rd Wing	Harris Samuel, 3rd CES	Maez Ronald Chad, 381 IS	Reynolds Jeremy, 3rd AMXS	Winters Marvin, 3rd AMXS
	Hartmann Michael, 3rd CS	Massey Jeffrey, 3rd CS	Richmond April, 3rd MDOS	Wonders Michael, 703rd AMXS
	Hatcher Brandy, 3rd SFS	Massey Stacy, 3rd MDG	Roberts Troy, 381st IS	Wood Kevin, 3rd AMDS
	Hayes David, Jr, 3rd CS	Matthews Roger, 381st IS	Rogerson Matt, 703rd AMXS	Woods John Jr, 3rd MOS
	Hazley Peter, 3rd AMXS	Mattox Ryan, 3rd Wing	Romano Andrew, 381st IS	Youmans Steven, 3rd AMXS
	Hector Marcus, 3rd CES	Maze Tammy, 3rd MDSS	Rood Jamie, 3rd LRS	Young William, 3rd EMS
	Heidbreder Travis, 3rd EMS	McBean Melvin, 3rd DS	Rummel Richard, 611th ASUS	Zerbe Jesse, 381st IS
	Hoey Sharon, 3rd EMS		Russell Christopher, 3rd CES	Zilles Brian, 3rd Wing
	Hoffman Toby, 3rd CS		Russell Misty, 3rd CES	Zook Jeffrey, 732nd AMS



Master Sgt. promotion list now available

The following Elmendorf Technical Sergeants have been selected for promotion to Master Sergeant:

Allen Cleven, 3rd LRS
Arnaud Daniel, 381st IS
Astle Daniel, 3rd EMS
Barkley Robert, 3rd MXG
Bensel Dennis, 3rd AMDS
Biller Thomas, Jr., 3rd MSG
Bish Blaine, 611th ASUS
Borah Edwin, 3rd OSS
Bounds Mark, 3rd EMS
Boyd Frederick, 3rd MOS
Brown Brian, 3rd CONS
Brown Craig, 3rd CMS
Bryant Timothy, 3rd MDSS
Bryant Valerie, 3rd Wing
Bryson James, Jr., 3rd CS
Butler Scott, 3rd OSS
Carling Andrew, 372nd TS Det 14
Carlton Joseph, 3rd CS
Casey Timothy, 3rd AMXS
Cherry Ryan, 381st IS
Churilla Julie, 611th ASUS
Collier Gregory, 3rd EMS
Conley Alisa, 3rd CES
Consbruck Brent, 732nd AMS
Corbin Shannon, 3rd AMXS
Core Eugene, 3rd CES
Cornell Jeffrey, 3rd CMS
Cruz Jabel, 703rd AMXS
Czmyr Rachel, 3rd Wing
Dague David, 3rd MDSS
Delos Reyes Alain, 3rd LRS
Dietrich Robert, 703rd AMXS
Dietrich Sherri, 3rd MDOS
Dill Richard, 3rd MDOS
Dunsmore Mark, 381st IS
Eaker Mark, 3rd OSS
Eakin Scott, 517th AS
Effenbeck Steven, 3rd LRS

Feinstein Howard, 3rd CS
Fields Stephen, 962nd AACs
Figueroa Anthony, 19th FS
Flaherty Brendan, 3rd EMS
Foster Christopher, 3rd MXG
Gahr John, Jr., 381st IS
Garcia Benny, 3rd CS
Garrett Thomas, 3rd OSS
Gibson John, 611th ASG
Grady Sean, 3rd CES
Granfors Amy, 3rd CS
Griebe Gunnessa, 3rd CMS
Griffith Chad, 381st IS
Grimes Timothy, 3rd CES
Guyer Jeffrey, 3rd EMS
Haley William, 3rd CES
Hansen Jeanne, 3rd MDSS
Hansen Steven, 3rd MDSS
Henline Scott, 3rd AMXS
Hollis Garland, 381st IS
House Jamie, 3rd MDSS
Hoxie Daniel, 3rd AMXS
Inniss Brian, 3rd EMS
Kent Christine, 703rd AMXS
Landrum Ryan, MEPCOM
Lawrence Mark, 3rd CES
Lemay Nicholas, 611th ASUS
Leufroy Karen, 3rd CPTS
Lewis Andrew, 3rd CES
Lipscomb Clement, 3rd SFS
Locke Leonard, Jr., 3rd MXG
Lottes Richard, 3rd MOS
Lower John, 3rd CONS
Ludwig Billy, 3rd CS
Malloy Kenneth, 3rd AMXS
Mann Keith, 3rd MDSS
Marinos Christopher, 3rd AMXS
McClure William, 3rd MSS
McCoy Dhaamin, 361st RCS
McLean Robert, 3rd LRS
Meyer Chris, 732nd AMS
Moore Garland, 3rd CMS
Moore Shannon, 3rd MSG

Oehler Christopher, 3rd AMXS
Perry Michael, 611th AOS
Perry Todd, 3rd CES
Pierce Jonathan, Det. 1, 353rd CTS
Piltz Richard, 3rd MXG
Powell Jeffery, 732nd AMS
Pugh Darrell, 372nd TS Det 14
Reisher Michael, 3rd CES
Reyes Cesar, 3rd SVS
Rice George, 703rd AMXS
Riddle Steven, 3rd AMXS
Rivera Abigail, 12th FS
Robins Ernest, Jr., 3rd CMS
Rochon Mark, 3rd MSS
Ross Dolores, 3rd MDOS
Ryneski John, 3rd AMXS
Scarsella David, 3rd EMS
Shutt Randal, 3rd AMXS
Skipworth David, 3rd CES
Smith Kenneth, 3rd MDOS
Snow David, 381st IS
Spangler Trent, 703rd AMXS
Springs Anita, 3rd OSS
Stahle Daryl, 372nd TS Det 14
Stockdale Emmanuel, 3rd LRS
Stubblefield Jeff, 19th FS
Stutzman Tyler, 517th AS
Swiderski Joel, 3rd MDSS
Syrup Sean, 372nd TS Det 14
Tolliver Samuel, 3rd EMS
Ulibarri Ted, Jr., 3rd EMS
Valone Richard, 3rd MDOS
Vollick Julie, 3rd EMS
Waddell Christopher, 732nd AMS
Watson Chad, 381st IS
Webster Matt, 3rd CMS
Weller Scott, AF Band of the Pacific
Wheeler Christopher, 3rd EMS
Wilson Phillip, 3rd MSS
Wolfe David, 3rd MSG
Young Frederick, 703rd AMXS
Ziegler Mark, 3rd CES
Ziesmer Ronny, 381st IS

Arctic Warriors of Week



PHOTOS BY TECH. SGT. THEO MCNAMARA

Airman Carlos Castaneda

Duty title: 3rd Dental Squadron, dental assistant apprentice
Hometown: Queens, NY
Hobbies: Sports, music, choir singing, traveling
How he contributes to the mission: Assisting dental officers to ensure military personnel are dentally ready for worldwide duty
Time at Elmendorf: Five months
Time in the Air Force: Eight months
Best part of being in Alaska: The great scenery
Supervisor’s comments: “Airman Castaneda has one of the best attitudes I have seen in the military. He is always willing to take on any task and does it with a smile. He was chosen to be a proctor for a recent 3rd Dental Squadron commander’s call of his outstanding military bearing and self assurance. He is quickly becoming very knowledgeable about chairside assisting in general dentistry, even though he has only been assisting for the last five months.” Staff Sgt. Stacey LaPiene



Tech. Sgt. Niihau K.A. Ramsey

Duty title: Air Force Band of the Pacific, noncommissioned officer in charge of information management
Hometown: Honolulu, Hawaii
Hobbies: Spending quality time with the family, movies, biking, Civil Air Patrol, and Alaska String Camps
How he contributes to the mission: Provides information management support for a 30 member regional band squadron. Prepares and distributes incoming and outgoing written communications. Generates and monitors suspenses for EPRs and decorations ensuring they are processed through HQ PACAF in a timely manner. Processes routine TDY and invitational travel orders. He also oversees all functions of the commanders support staff.
Time at Elmendorf: Four years, seven months
Time in the Air Force: 14 years, nine months
Supervisor’s comments: “Tech. Sgt. Ramsey is by far the finest 3A0 I have ever worked with. Best example of excellence in all we do, 24/7. His dedication to developing young minds through his professional work with Civil Air Patrol ensures our next generation of Airmen will be absolutely superior.” Senior Master Sgt. David Long

Home buying seminar

The housing office is offering a home purchasing seminar Monday at 1 p.m. Seating is limited so reservations are recommended.

For more information, call 552-4439/4328.

Airman’s Attic

The Airman’s Attic will open Monday and is now available to all ranks.

Their hours of operation are Mondays and Wednesdays from 10 a.m. to 3 p.m.

The Airman’s Attic is located in Denali Hall, across the street from the Polar Bowl.

For more information, call 552-5878.

Bargain Shop closure

The shop is scheduled to be open Mondays and Wednesdays from 10 a.m. to 3 p.m., beginning July 11.

For more information, call 753-6134.

Birthday meal

Due to the Airman Leadership School graduation June 23, the quarterly birthday meal has been rescheduled for June 28 from 5:30 to 6:30 p.m.

Commander’s call

Col. Hawk Carlisle, 3rd Wing commander, is hosting a commander’s call for civilian employees June 30 at 1 p.m. in the Base Theater.

Civilian employees will not be charged leave for attending this

function. For more information, call 552-5583.

Renter’s insurance

Phase II housing residents are eligible for free renter’s insurance; just call 279-9000. Phase II residents who already have a renter’s insurance policy may be eligible for an \$8 a month credit. For more information, call 753-1023.

More room for Medics

The 3rd Medical Group Hospital will make renovations to many of their sections to make room for an increase of 137 people to the medical staff. The medical staff is being increased so the hospital can better care for the increasing beneficiary population in Alaska.

Mandatory training

The 3rd Civil Engineer Squadron will conduct mandatory facility manager’s initial training June 28 at the 3rd CES Conference Room located at 6326 Arctic Warrior Drive from 10-11:30 am.

For more information, call 552-8665/3727.

Vehicle stickers

The Visitor Center now has vehicle stickers available for noncommissioned officers.

Those who do not currently have their sticker can stop by the Visitor Center seven days a week from 7 a.m. to 10 p.m. to pick one up.

For more information, call 552-5665/5988.

Smoke detectors

Those residing in military family housing are required to perform a monthly inspection and test of all smoke detectors in their housing unit.

For more information, call the Fire Prevention Office at 552-2620.

Updating VRED

Individuals who need to update their Virtual Record of Emergency Data forms are now required to do so online, rather than visiting their military personnel flight.

This information is used to contact family members if an Airman suffers a serious illness or injury or dies while serving on active duty.

The updates can be made at www.afpc.randolph.af.mil/vs/.

OSI recruits agents

U.S. Air Force Office of Special Investigation seeks volunteers to cross train into their career field during a briefing 8 a.m. June 29 in the FTAC classroom number two.

There are specific requirements that both officers and enlisted volunteers have to meet to qualify, to learn more about the opportunity and to determine if you’re eligible, visit <http://public.afosi.amc.af.mil> or call 552-2932.

Change of command

Col. Joseph Skaja will assume command of the 611th Air Support Group at a change of command ceremony June 24 at 10 a.m. at the Susitna Club. For more information, call Lt. Brent Davis at 552-4093.



Chapel Schedule

Catholic Parish

- Monday through Wednesday and Friday Mass: 11:30 a.m. at the Chapel Center
- Thursday Mass: 11:30 a.m. at the Hospital Chapel
- Sunday Mass: 10:30 a.m. at Chapel 1
- Sunday Evening Mass: 5 p.m. at Chapel 2
- Confession: 6 p.m. Sundays at Chapel 2

Protestant Sunday

- Liturgical Service: 9 a.m. at Chapel 2
- Celebration Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chapel 1
- Fellowship Praise: 6 p.m. at Chapel 1

Religious Education

- Catholic Religious Education: Sunday at 9 a.m. at the Chapel Center.
- Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more information, call the Chapel at 552-4422.

Arctic Life

Great living in the great land

Volunteers remove debris from base lake



PHOTOS BY STAFF SGT. RHIANNON WILLARD

Volunteers spent more than four and a half hours June 10 removing debris from Lower Six Mile Lake in an effort to clean up Elmendorf.

By Tech. Sgt. Mike Edwards
3rd Wing Public Affairs

While many Arctic Warriors were busy with the Arctic Warrior Olympics, a group of 16 volunteers spent the afternoon of June 10 making Elmendorf a cleaner and safer place.

Volunteers from Girl Scout Troop 927 and people from the 19th Aircraft Maintenance Unit gathered together at Lower Six Mile Lake to clean the lake and remove debris that has gathered over the course of time.

“I was disgusted with all that trash,” said Master Sgt. Joel Craig, 19th AMU. “I took my daughter out to the lake to fish and saw all this trash in the lake. We knew we had to do something.”

Armed with a special tool designed by Tech. Sgt. Keven Vaughan, 3rd Equipment Maintenance Squadron, to help remove heavy debris from the lake; this cleanup crew set to work.

“We found all sorts of stuff out there,” said Sergeant Craig. “Some of the stuff we found included a grill, construction cones, signs, plastic bottles, aluminum cans and something that resembled a swing set, just to name a few.”

In all, during the four and a half hours this

group spent cleaning, they filled two dumpsters with refuse taken from the lake. This included 21 tires.

“I think it would be a wonderful idea if squadrons, clubs or other organizations began adopting roadways and lakes to keep Elmendorf beautiful,” said Sergeant Craig. “Everyone needs to do their part in keeping Alaska clean and remember to leave an area cleaner than when you found it.”



Kelsey Ryneski, daughter of Tech. Sgt. John Ryneski, 19th Aircraft Maintenance Unit, gathers trash from the lake and collects it in a pile for proper disposal.

Unit Spotlight

3rd Civil Engineer Squadron

MISSION:

The 3rd CES provides facility and utility system maintenance for Elmendorf’s 1,000 buildings and 3,500 acres of developed real estate. They remove snow on the flight line and base roadways. Engineers and engineering technicians provide design and contract management support for all major construction on base. They oversee both accompanied and unaccompanied housing requests and provide a referral service for personnel who wish to reside off base. The five fire stations provide emergency medical service in addition to their dual fire-fighting mission for the airfield and base. They oversee cleanup operations on base and manage an extensive natural resource program. The 3rd CES also supports its mobility tasking as well as providing disaster preparedness training and planning for the entire Elmendorf community.



Col. Christopher Thelen, commander





TECH. SGT. ADRIAN CADIZ

Left: Volunteers from the Anchorage Chamber of Commerce grill hamburgers for a picnic which was provided free of charge to all military and their families as part of Military Appreciation Week activities.

Below: Members of the 517th Airlift Squadron, last year's Arctic Warrior Olympics champions, led the torch relay beginning this year's competition.

Right: Cyclists pedal their way through the bike competition held during the AWO. On the cover: Team members pulled for their unit in the tug-of-war competitions held for AWO.



TECH. SGT. ADRIAN CADIZ



TECH. SGT. THEO MCNAMARA



AIRMAN 1ST CLASS DE-JUAN HALEYTECH. SGT. ADRIAN CADIZ

Chief Master Sgt. Bill McNew, 3rd Communications Squadron turns on the heat as he slings the softball to a teammate during the Arctic Warrior Olympics' Eagles vs. Chiefs softball tournament, which the Chiefs won 23-4.



TECH. SGT. ADRIAN CADIZ

Several hundred Arctic Warriors gathered together for a 5-K run to kick off Arctic Warrior Olympic day festivities.

AWO, Appreciation Day success

By Tech. Sgt. Mike Edwards
3rd Wing Public Affairs

What started out as a cool cloudy morning turned into a sunny day filled with food, fun and families for those who were able to attend the Arctic Warrior Olympics and Military Appreciation Picnic, held June 10 at Paxton Park.

The Military Appreciation Picnic was sponsored by the Anchorage Chamber of Commerce and was open for all military and their families.

In 1982 the base started Airman Day to promote camaraderie and good health. Airman Day continued until 1986, when it changed to Elmendorf Field Day. It was Elmendorf Field Day for three years before becoming Arctic Warrior Day 1989 and has been held annually since.

More than 20 competitive events were held throughout the day around the base. The participants of these events garnered points for their respective units. The unit with the most points at the end of the day was crowned the overall champion

This year's champion, for the third consecutive year, was the 517th Airlift Squadron who finished the day with 1,010 total points, almost double that of their nearest competitor, the 381st Intelligence Squadron who placed second with 635 points.

The 3rd Equipment Maintenance Squadron pulled in third place with 495 points, only five points more than their fourth place rivals the 3rd Aircraft Maintenance Squadron.

Finally rounding out the top five units was the 3rd Logistics Readiness Squadron with 315 points.



TECH. SGT. THEO MCNAMARA

Arctic Warriors race each other in canoes at Hillberg Lake during an Arctic Warrior Olympics event.

Eagleglen full of summer fun

By Mrs. Mary Rall
3rd Services Marketing

Play at Eagleglen Golf Course is in full swing and the summer months are full of events for golfers of all ages and abilities to enjoy.

Bargain hunters can take advantage of the savings to be found at the Midnight Sun sale Saturday from 6 p.m. to midnight and the Father's Day Sale Sunday from 6 a.m. to 9 p.m. All Pro Shop merchandise will be discounted 10 percent, and the facility's staff will be on hand to help patrons select the perfect gift for dad or themselves. Gift certificates are available.

Players can also take to the course in pairs at an Eagleglen Couples Event June 24 from 4-6 p.m. for \$25 per couple plus nine-hole green fees. This nine-hole event will include a potluck supper after play and long drive and closest to the pin prizes and gift certificates.

Even the base's youngest golfers can enjoy Eagleglen through the Golf 4 Juniors golf camp July 25-28. This camp will feature a special "fun event" sponsored by Eagleglen and PACAF Aug. 1

for youth ages 8-14.

The camp begins at 8 a.m. daily and will be offered for \$99 per child. All sessions will be one and a half hours in length. Each participant will receive a set of clubs, a carry stand bag, shirt, towel, cap, special discounts and other goodies.

Participation in the camp is limited to the first 60 registrants. Active duty and Department of Defense dependents will receive priority over civilian participants.

Golfers can celebrate their freedom on the links at the July 4 Red, White and Blue Tournament at Eagleglen. Tee times will be available from 7-11 a.m. for this two-person event.

Players are also encouraged to show their patriotism by wearing their best red,

white and blue outfit.

Also, golfers of all abilities have a chance to learn everything from game basics to fine tuning their



swing through Eagleglen's professional golf instruction with Rob Nelson, Eagleglen's golf professional and mini-tour player. Lessons and clinics are offered daily and can be scheduled through the Pro Shop.

Additional information on Eagleglen programming can be obtained by calling 552-3821.

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Bike Maintenance Class, Today at 4:30 p.m. for \$5 at Outdoor Recreation. 552-2023

CGOC Night, Today in the Cave at 4:30 p.m. 753-3131

Social Hour and Baked Potato Bar, Today from 5-6 p.m. in Kashim Lounge and The Cave. 753-3131

Retiree Appreciation Night, Today from 5:30-9 p.m. at the Susitna Club. 753-3131

Freedom Flag with Roses Tole Painting, Today and June 24 from 4:30-6 p.m. for \$35 at the Arts and Crafts Center. 552-7012

Open Bowling, Today from 5-9 p.m. at the Polar Bowl. 552-4108

One Stroke Roses Painting, Today from 3-5 p.m. for \$35 at the Arts and Crafts Center. 552-7012

Kids Korner Candle Camping Fire Starters, Saturday from 1-3 p.m. for \$15 at the Arts and Crafts Center. 552-7012

All Night Xtreme Bowling, Saturday from 10 p.m. to 1 a.m. at the Polar Bowl. 552-4108

Fly Fishing Part 2, Saturday from 5-7 p.m. for \$85 with the Outdoor Adventure Program. 552-2023

Give Parents a Break, Saturday from 1-5 p.m. at the Denali CDC. 552-8304

ATV Day Trip, Saturday from 6 a.m. to 6 p.m. for \$75 with

the OAP. 552-2023

Whittier Kayak Day Trip, Saturday from 8 a.m. to 5 p.m. for \$50 with the OAP. 552-2023

Turnagain to Hope Bike Trip, Saturday at 9 a.m. for \$10 with the Outdoor Recreation Center. 552-2023

Midnight Sun Pro Shop Sale, Saturday from 6 p.m. to midnight at Eagleglen. 552-3821

Family Xtreme Bowling, Sunday from 1-8 p.m. for \$30 at the Polar Bowl. 552-4108

Father's Day Pro Shop Sale, Sunday from 6 a.m. to midnight at Eagleglen. 552-3821

Red Pin Bowling, Win free games Monday from 5-9 p.m. at the Polar Bowl. 552-4108

Hooked 2 Bowling Sign Ups, Monday through June 30 for youth 6-12 for \$75 and bowlers 17 and older for \$99 at the Polar Bowl. 552-4108

Russian River Fishing Trip, Monday at 5:30 a.m. with the OAP. 552-2023

H.B.R. Fisherman's Challenge, Monday and Tuesday win free games during open bowling from 5-9 p.m. at the Polar Bowl. 552-4108

Alaska Wild Berry and Anchorage Museum of History and Arts, Monday from 12:30-5 p.m. for \$10 for members at the Youth Center. 552-2266

Road Bike Training Ride,

Monday at 5:30 p.m. for free with the Outdoor Recreation Center. 552-2023

Intro to Photography, Monday from 5-9 p.m. for \$40 at the Arts and Crafts Center. 552-7012

Fairbanks Camping Trip, Monday through Thursday at the Young Adult Center. 753-2371

Kayak Pool Training, Tuesday at 8 p.m. for \$25 at the Fitness Center Pool with the OAP. 552-2023

Eagle River Rafting, Tuesday at 5 p.m. for \$25 with the OAP. 552-2023

Spouses Forum, Tuesday from 7-9 p.m. at the Susitna Club. 552-5900

Summer Solstice Bike Ride, Tuesday at 10 p.m. for free with the Outdoor Recreation Center. 552-2023

Bowler Appreciation Night, Packages for four for \$25 Tuesday from 5-9 p.m. at the Polar Bowl. 552-4108

F2W Relay Races, Wednesday at 4 p.m. at the Youth Center. 552-2266

Russian River Fishing Trip, Wednesday at 5:30 a.m. with the OAP. 552-2023

Wednesday Night Madness, Unlimited bowling for \$18 per lane June 22 from 5-9 at the Polar Bowl. 552-4108

* Arts and Crafts Center classes must be signed up for three days in advance.

CAST AWAY: Learn the basics and more at a Fly Fishing Part 1 class from 5-7 p.m. for \$30 with the Outdoor Adventure Program. 552-2023

MOVIE: *The Hitchhikers Guide to the Galaxy* (PG) Earthman Arthur Dent's house is about to be bulldozed, he discovers his best friend is an alien and to top things off, Planet Earth is about to be demolished to make way for a hyperspace bypass. Arthur's only chance for survival: hitch a ride on a passing spacecraft. Arthur sets out on a journey where nothing is as it seems. 7 p.m.

...:sat

GOLF ON: Make the most of the daylight at a Midnight Sun Golf Tournament at 6 p.m. for \$65 plus green fees at Eagleglen. 552-3821

MOVIE: *The Interpreter* (PG-13) Silvia alleges she's overheard a death threat against an African head of state. In an instant, her life is turned upside down as she becomes a hunted target of the killers. She and federal agent Tobin, must depend on one another, as the danger of a major assassination on U.S. soil grows. 7 p.m.

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DAD'S BRUNCH: Warm Dad's heart and fill his stomach at the Father's Day Brunch at the Susitna Club. Brunch begins at 10:30 a.m. and includes a large variety of breakfast and lunch items for \$17.95 at the regular price, \$14.95 with the member's first discount, \$6.95 for youth 6-12 and free for children five and under. 753-3131

MOVIE: *The Interpreter* (PG-13) See above for movie description. 7 p.m.

...:fyi

SPEAK OUT: Military spouses now have an opportunity to influence Services programming by attending a Spouse Forum Tuesday from 7-9 p.m. at the Susitna Club. Enjoy heavy hors d'oeuvres and give your personal input on Services programming. This event is open to all spouses and reservations will be accepted through Monday. For more information or to make a reservations, call 552-5900.

SPORTS PAGE

Polar Bowl re-opens after complete overhaul

By Matthew Toussain and
Tech. Sgt. Theodore McNamara
Stringer and Staff Writer

The largest single Air Force bowling facility in the world, Elmendorf's Polar Bowl, re-opened June 9, after workers completed a nearly \$700,000 upgrade project to the 40-lane facility.

The project, which took more than four weeks to complete, replaced almost 50-year-old equipment used to set pins and return bowling balls. It also brought new lighting for extreme bowling and installed a new sound system.

"The place is just a whole lot more modern now. Our bowlers can now enjoy bowling right here on base in a bowling center that is arguably as good or better than any other place around," said Clarissa Cruz, recreation aid at the Polar Bowl. "The only complaints we've been getting since re-opening are from people who aren't rolling a good game – I think they're disappointed we got all the new equipment and now they have to face the fact that it's their game and not our equipment," she joked.

The old equipment was very temperamental because it was aging and the old parts were becoming worn, she explained. An example of that



PHOTOS BY TECH. SGT. ADRIAN CADIZ

Bowlers pack into the Polar Bowl re-opening June 9. A four-week upgrade project made ball return much faster and bowlers will notice better sound equipment and light show during extreme bowling.

is the pin-setters' grips had become loose and they would drop the pins.

"The system was just getting old and giving up, and frankly, that would cause our bowlers a lot of frustration. You don't want to lose your concentration when having a good game," she said.

Another common problem was losing bowling balls, especially children's balls which are so light they were often not recognized by the ball

sensors as having gone through the pin zone. So the balls weren't returned and larger balls were too heavy and would come back cracked or broken.

Other upgrades to the facility include a new digital disc jockey radio station that allows bowling center staff to select a pre-arranged mix of music for a specific audience. "If there are a lot of country music listeners in the bowling center we can call up a county music mix, or if we have a hip-hop crowd, we can play that type of music – it's just a lot more accommodating than before," said Ms. Cruz.

Because the old radio system had one live DJ providing service to all the armed forces bowling centers it wasn't very reactive to requests but the new system has a live DJ dedicated to no more than 30 facilities. "We can actually e-mail in a request to have a happy birthday message sent to someone who might be having a birthday party at the center and the message will come across almost instantly," she said.

While no official survey has been conducted to

determine how well the new system is liked by bowlers, Ms. Cruz and her workmates say they're getting a lot of good verbal feedback.

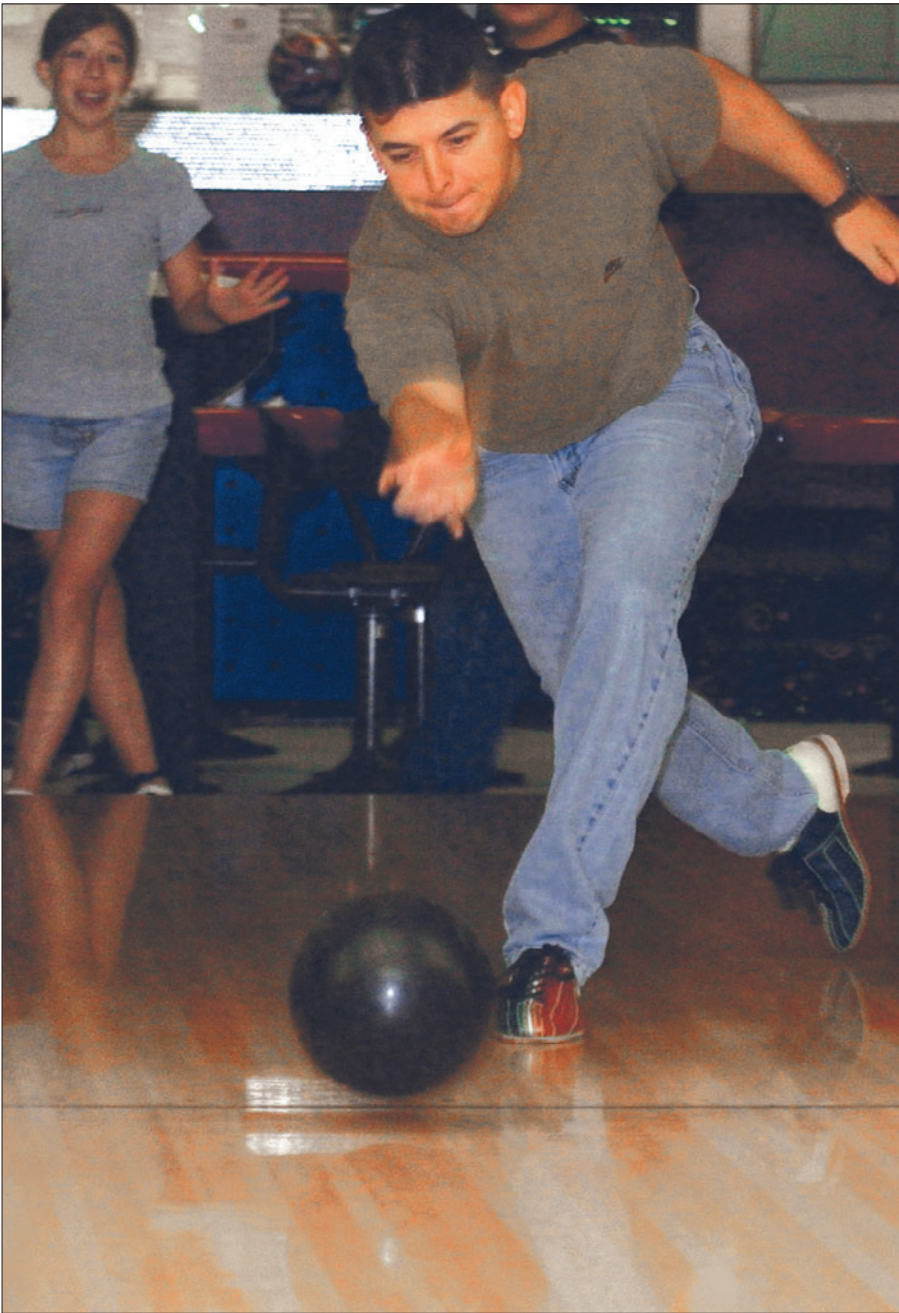
"So far, people are really excited about the changes. They don't have to wait so long to finish a game and there's no delay in their game," she said. Pins are now reset in about

nine seconds."

The all new light show for extreme bowling has more color and is much brighter than the previous lighting. Plus it's got a lot more variety and different effects than what was replaced. "It just seems to be a much more exciting environment for our bowlers," said Ms. Cruz.



The Polar Bowl re-opened June 9 after receiving nearly \$700,000 in upgrades to its equipment, acoustics, and light show -- all are designed to improve the overall experience bowlers enjoy while bowling. The light show is used during extreme bowling.



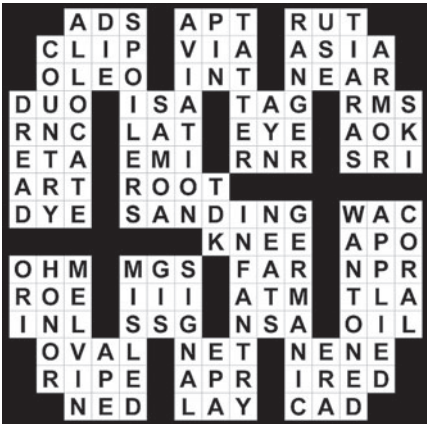
Ed Jones rolls his bowling ball down the lane at Elmendorf's Polar Bowl, which re-opened June 9 after a more than four-week project that upgraded equipment that was almost 50 years old.

BASH safety

By 1st Lt. Tony Wickman
Alaskan Command Public Affairs

ACROSS

- 1. Tack on
- 4. Pie __ mode
- 7. Army commissioning source
- 10. Accept
- 12. Type of BASH danger
- 13. Clobber
- 15. Volleyball player Gabrielle
- 16. __ _ jiff; quickly
- 17. Signal to identify BASH dangers
- 18. Aircraft part in danger during a BASH incident
- 20. Oriole great Ripken
- 21. Formerly
- 22. Ravens player Lewis
- 23. Japanese sashes
- 26. Conjunction
- 28. USAF education for senior officers
- 29. Tire place

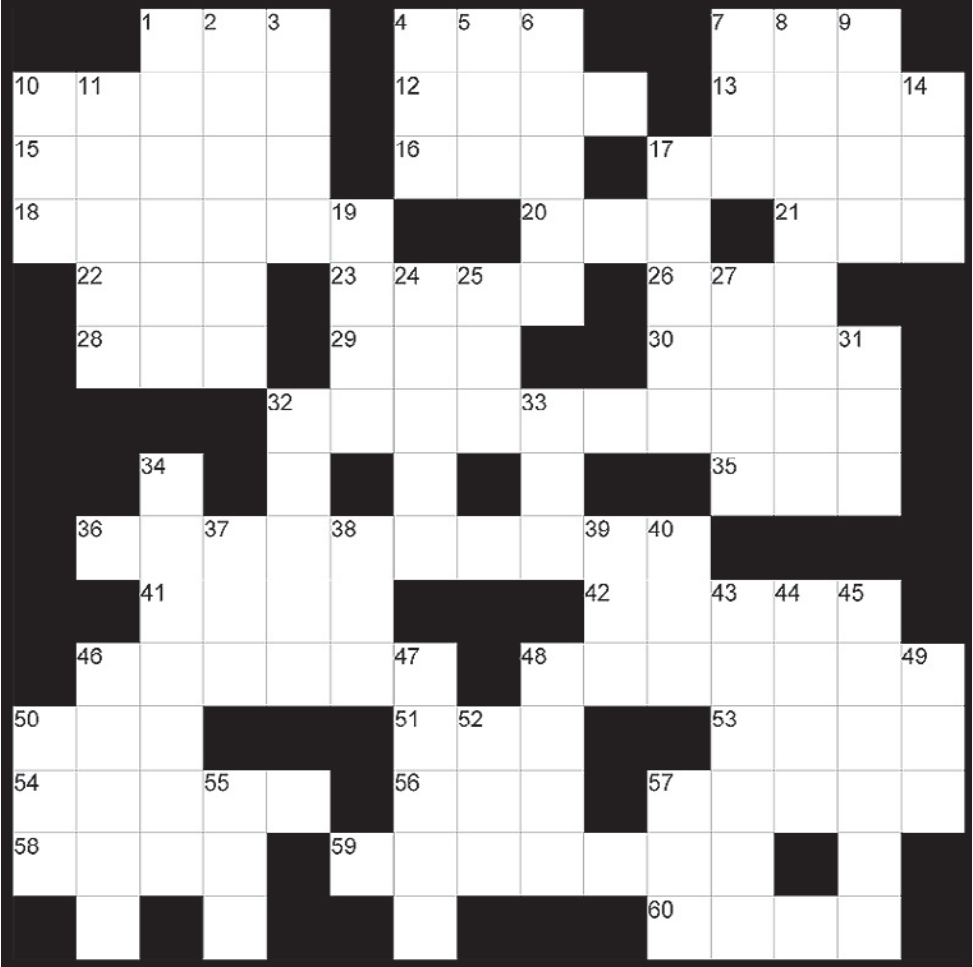


Last week's solution

- 30. Blanc and Torme
- 32. Places concerned with BASH
- 35. Website ending
- 36. Place where BASH incidents occur
- 41. Rear end
- 42. Singing registers
- 46. Volcano
- 48. Wood strips
- 50. Vase
- 51. The Greatest
- 53. Indian prince
- 54. Type of 48 DOWN; Significant BASH danger
- 56. Patriotic org.
- 57. Tack into place
- 58. Mows for farming
- 59. Barnyard
- 60. Alluring

DOWN

- 1. Stadiums
- 2. Devices used to scare wild-life to avoid BASH
- 3. Bottomless
- 4. USAF operating directives
- 5. Actor Chaney
- 6. Aircraft lost in BASH incident at Elmendorf
- 7. Bird-of-prey in BASH programs
- 8. FRIENDS character
- 9. Patriarch
- 10. Part of a circle
- 11. Cogs
- 14. USAF formal education
- 17. Remember the ____!
- 19. Before



- 24. Charred
- 25. Simpson trial judge
- 27. Finding ____
- 31. Army rank
- 32. Teenage ire
- 33. Driving crime, in short
- 34. Famous stone
- 37. A Gershwin
- 38. ____ Haw
- 39. Basketball org
- 40. Dine
- 43. Part of BASH
- 44. Actor Penn
- 45. Possible result of a BASH
- 46. Balm
- 47. Detection device for BASH
- 48. Part of BASH
- 49. Tree resin
- 50. Sound of disgust
- 52. Young man
- 55. Space shuttle, in brief
- 57. Mil. move